

DARFUR FAST FOR LIFE

Standing in Solidarity with our Sudanese Brothers and Sisters and Children

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RECORDING ARTIST JON FOREMAN JOINS DARFUR FAST FOR LIFE TO END SUFFERING IN DARFUR AND TO BRING LAST PEACE TO SUDAN

Front man for Switchfoot continues fasting chain following Mia Farrow and Sir Richard Branson

Washington, D.C.— Recording artist Jon Foreman joined the DARFUR FAST FOR LIFE today, following activist-actress Mia Farrow and Virgin Group Founder and Chairman Sir Richard Branson. A longtime activist and front man for multi-platinum selling rock band Switchfoot, Foreman will undertake a water-only fast, in order to raise awareness of the humanitarian crisis currently taking place in Darfur, as well as to encourage long-term U.S. Government actions to bring lasting peace to the people of Sudan. Foreman begins his three day fast today and is joined by U.S. Representative Donald Payne who is Chairman of the House Foreign Affairs Subcommittee on Africa and Global Health, and who has worked tirelessly to end the suffering in Darfur.

Expressing his outrage at the situation in Darfur, Foreman said, “Can it be possible that right now, two and a half million people are waking up in camps and refugee camps having been driven from their homes by violent means? Under the same sun, could it be true that almost half a million people have died of starvation, violence, and disease over the past six years in Darfur? Is this true?! And if this is true, why has the media remained almost completely silent on the issue? Why has our government maintained it’s current stance of inaction?”

Foreman follows Actress-Activist Mia Farrow and Virgin CEO and Founder, Sir Richard Branson and others in sharing their experiences during the fast through video and blog posts at www.fastdarfur.org.

The Darfur Fast for Life | We are leaders, activists and citizens around the world who fast in solidarity with the people of Darfur because they do not have a choice. We fast as a personal expression of outrage at a world that has allowed the suffering of millions of innocent people. We fast because as we simply watched, Darfur’s defenseless people were forced into wretched camps where today they are facing starvation and disease. We fast because those in positions of authority who know what is right and just, could and should do more to alleviate their suffering and bring peace, protection, and justice to the people of Sudan.

We fast for Darfur’s courageous people —because we yearn for a world where human rights are respected and a life of dignity is the legacy for every man, woman and child.

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